

Protective Behaviours NEWSLETTER

Edition 3 2011

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A Safety Awareness Programme to promote safety and well-being for children, young people and families

Welcome to the Protective Behaviours Newsletter for the South East

Our aim is to share information, practice and ideas about Protective Behaviours. If you have any examples of how you have been using Protective Behaviours please do email us. This newsletter is produced termly.

A Protective Behaviours Coordinator and Trainer for Brighton and Hove

Wendy Guest is the new PB Coordinator and trainer. Her role is to deliver PBs training to parents, groups and organisations across Brighton and Hove and to coordinate and develop PBs across the city. Wendy has been delivering PB training for over 10 years and is really keen to use this opportunity to raise PBs profile and use throughout the city.

Wendy is designing a booklet for parents and working on a programme with Early Years Visitors to deliver PB over 6 sessions to individual families.

Protective Behaviours for Parents

This Autumn Wendy is working with Health Visitors and Early Years Visitors to run 3 PB parenting groups (Feeling Good Feeling Safe) at Whitehawk, Moulsecomb and Turner Children Centres. Please contact us if you think there is a need for PB groups or training anywhere else.

Protective Behaviours Network Meeting October 6th

The network meetings are an opportunity to get together and share ideas and practice around Protective Behaviours. Our next meeting is on **October 6th**

Time: 10.00 – 1.00 with lunch provided

Venue: BMECP Centre
10A Fleet St, Brighton,
BN1 4ZE

Guest Speaker: Simon Sneath: Using Protective Behaviours with refugees and asylum seekers

Simon Sneath is an Independent PB trainer from Northampton and the co-author of 'Protective Behaviours': activities for teaching Protective Behaviours in schools'. Simon has been involved in the development of a number of Protective Behaviours based projects, including the Northamptonshire Shoebox resource and a Protective Behaviours buddy scheme.

Emma Lacey: Safety Net's Participation worker

Is going to share how she uses PBs in her groups of 8-13 year olds and introduce the new Safetynet Kids Website

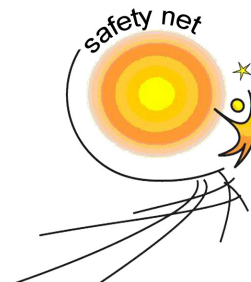
To book a place please e-mail:
ellie.talebian@safety-net.org.uk

Protective Behaviours Training 2011

Currently our 2 day PB training is **free** to anyone working with children or young people in Brighton and Hove. We are also running half day PB and Child Protection training for community groups as part of the 'Lets Protect' project. See our website for dates. www.safety-net.org.uk

Protective Behaviours NEWSLETTER

Edition 3 2011 page 2



Safety Awareness Programme to promote safety and well-being for children, young people and families

Protective Behaviours Work with 5 – 13 year olds:

Safety Net Kids have launched their new Website aimed at 8 – 13 year olds.

www.safetynetkids.org.uk . Here they are to tell you more...

Hi! We are the Safety Net Kids! We call ourselves that because we have all been involved with Safety Net at looking at things that make us feel unsafe and working on them ourselves. To be safe means to be comfy and not scared. We do things like standing up to bullies without being mean, listening to our bodies as they are clever at spotting danger and thinking about things we can do to make the areas where we live safer.

We decided Safety Net should have a better website because we want other children to know about what we do so you can come along to one of our groups or if you are a bit shy you can still learn about helping yourself to be safe from looking at what we put on the website. About 200 of us put together the new website with our Participation Worker Emma. Please check it out then e-mail Emma what you think we'd really like to know! emma.lacey@safety-net.org.uk.

Thank you for stopping by!

A Stop! Think! Go! Flyer Designed by Safety Net kids

The Safety Net Kids Board felt strongly that the Stop! Think! Go! Technique they have learnt at Safety Net has been so helpful that other children should know about it. As a result they have designed their own flyer promoting the key messages of stopping to consider your feelings and options in a tricky situation and going with the one that will keep you safe.

“Safety Net has helped me a lot because they taught me how to use Stop! Think! Go! And it's helped me a lot with bullies”

Dylan, 10 years

“Safety Net has helped me by teaching me what to do in any problem such as stranger danger. You will have lots of fun learning!”

Lara, 10 years.

Please contact Safety Net 01273 411613 if you would like copies of the leaflet.

STOP
THINK **GO!**

Useful Resources:

Check out the Northamptonshire shoebox:

<http://www.northamptonshire.gov.uk/en/councils/ervices/EducationandLearning/special/shoebox/Pages/documents.aspx>