

# Safety Net



## Safety Net

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[www.safetynetkids.org.uk](http://www.safetynetkids.org.uk)

As a registered charity Safety Net depends on voluntary income. There are many ways that you can support us, please call or visit our web-site for more details or to leave a donation.

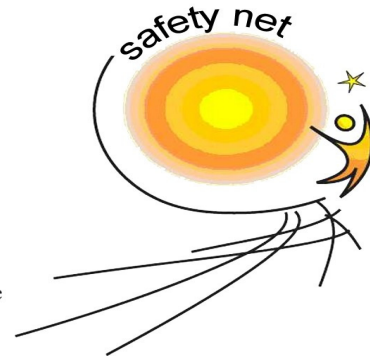
### Direct Services:

Family Link	01273 419725
Schools:	01273 411613
Training	01273 420973
Home Safety	01273 411613
CRB:	01273 414981



## Working Together to Keep Children Safe

Registered Charity No 1108772





## Keeping Children Safe

Safety Net is a local charity that works with communities to help keep children and young people safe at home, school and in their neighbourhoods across Brighton and Hove and Sussex county. We deliver projects and services as well as training programmes for children, parents, groups and workers. We use a safety awareness programme called Protective Behaviours in all of our work.

## Support for Parents and Children

**Our Family Link Project** works with families in east Brighton to help keep children safe and happy. We offer a flexible service building on family strengths, and making links with schools, communities and other services.

We offer parents and families; individual support, the chance to meet with other parents and learn new skills, to build more positive and supportive relationships within the family and with others and help to access information and additional support.

**Triple P Programme:** - takes the hassle out of being a parent. If you would like practical tips and strategies to help manage your child's behaviour, these courses are for you.

Other groups include, Ready for Secondary and Dad's Aloud.

**Feeling Good Feeling Safe** – Is a course to help give you skills to keep yourself and your children feeling safer and more confident. You will learn how to recognise when you are in an unsafe or difficult situation and ways to deal with this in everyday life.

**SNAP for Parents** If your child is being bullied and wants to attend a SNAP course, we can help give you support and ideas at our SNAP courses for parents.

### HOME SAFETY EQUIPMENT SCHEME

If you have a child under the age of 5, live in Brighton and Hove and are receiving benefits, you could be entitled to low cost home safety equipment.

Contact us or your local health visitor for more details.



### GETTING CHILDREN INVOLVED IN SAFETY ISSUES

We consult with children in communities to ask them what would help them to be safer.

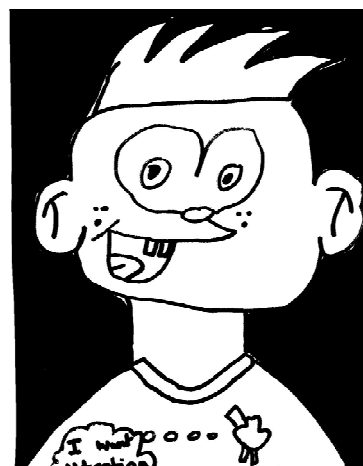
Children in our 'Safety Squads' have consulted with other children in their neighbourhoods, helped make their local parks safer and worked with us to set up a 'Safety on the buses' scheme in some secondary schools.

200 children also helped develop our children's web-site, please take a look at [www.safetynetkids.org.uk](http://www.safetynetkids.org.uk)



## HELP TO STOP BULLYING

Bullying can affect all aspects of children's lives making them feel sad, isolated, fearful and anxious, with low self esteem



**Safety Net** runs SNAP sessions (Safety Net Assertiveness Project) to support children aged 8–13 who have low confidence or self-esteem because of bullying or friendship issues.

**SNAP** groups are fun sessions that teach self-help techniques including assertiveness skills and problem-solving.

100% of children said that they found SNAP useful in helping them to combat bullying

**Playground Buddy** schemes run in primary schools across Brighton and Hove and train children aged 8-11 to support other children to make playtimes safer. Safety Net support schools in running this project.

## SUPPORT FOR COMMUNITY GROUPS

Do you work with children or young people in a local community group? If so you need to make sure that you have the following things in place:

- Child Protection Training
- CRB checks for staff and volunteers
- Policies and procedures

Our Let's Protect scheme can help you with FREE training and support with policies to make sure your organisation is safe

### CRB Checking Service

Safety Net is an Umbrella Body registered with the Criminal Records Bureau (CRB) We can give you advice and support with your CRB checks..

## TRAINING FOR ORGANISATIONS

- Child Protection
- Protective Behaviours
- Skills Development

We run regular and bespoke courses for organisations, please ring for prices and details.