

PROTECTIVE BEHAVIOURS RESOURCES

RESOURCE	Number of copies in Library	Description
GENERAL PB RESOURCES		
The Right to Feel Safe Manual	9	<i>The basic manual outlining the Protective Behaviours Themes and Strategies</i>
Risking on Purpose	5	<i>A Narrative written by Peg Flandreau West the originator of Protective Behaviours Process</i>
The Basic Essentials Manual	2	<i>The predecessor to The Right to Feel Safe</i>
Theme Posters PB Theme Posters and Safety Continuum laminated sheets	Price	<i>Laminated themes A series of laminated posters including the two themes and the safety continuum</i>
RESOURCES FOR PARENTS		
A Parents Guide to Keeping Children Safe Toolkit	10	<i>For doing work with Parents on Protective Behaviours. Includes a booklet for parent work and suggestions for how parents can talk with their child(ren) about PB's and resources for working with parent and child together</i>
Safe, Adventurous and Loving	1	<i>Small booklet for parents</i>
My Feeling and Keeping Safe Workbook	Safety Net	<i>A Workbook produced by Safety Net following a home visiting PB project with parents</i>
The Parent's Helping Hand Book: A Practical guide for teaching your child Protective Behaviours	2	<i>Booklet for parents outlining the Protective Behaviours process and other safety issues to raise with children.</i>
The Right to Feel Safe Booklet	Free	<i>A short pamphlet for parents to work through with children to introduce PB concepts</i>
Protective Behaviours: A Handbook for People who care about kids	1	<i>A booklet for parents which could be used as the basis for group work with parents and includes how to introduce the PB ideas to children of different ages.</i>
RESOURCES FOR Under 5's		
Safe Start Safe Future	4	<i>The PB resource for working with under 5's – has some good suggestions for incorporating PB's into under 5's settings</i>

Protective Behaviours and Play link	Multiple copies	<i>A short photocopied sheet explaining how the Playlink home visiting service incorporated PB's into their work</i>
Our Book about Feelings	2	<i>A short booklet produced from some work in a nursery with children doing art work around feelings</i>
Nolly and Groggle story book	2	<i>Story book for under 5's</i>
Max's creepy Crawley slimy things	1	<i>Story book for under 5's</i>
Jasmine's Butterflies	1	<i>Story book for under 5's</i>
Zing and Zip story book	1	<i>Story book for under 5's</i>
RESOURCES FOR 5 – 11 S		
Protective Behaviours for Primary Schools (Joc Rose)	3	<i>An older curriculum resource for introducing PB ideas to primary aged children</i>
Trust Your Feelings: A Protective Behaviours Resource Manual for Primary School Teachers	3	<i>A Primary school curriculum pack for introducing Protective Behaviours into Primary schools – Has some useful exercise and resource sheets. No longer produced</i>
A Personal Safety Curriculum for primary school children aged 4 – 11 years based on the Protective Behaviours Process	1 Reference only	<i>A school curriculum pack from a schools based child abuse prevention project in Warwickshire. Reference only</i>
Primary Protective Behaviours	1	<i>A New Zealand Resource including some resource sheets for children with English as a second language</i>
Our Bodies are Clever	2	<i>A photocopiable workbook from a series of drama workshops for primary aged children on introducing the ideas of Protective Behaviours</i>
	Price	
Try Again Red Riding Hood	14	<i>A story book for primary aged children, re-telling the story of Red Riding Hood to include Protective Behaviours ideas and strategies</i>
Children's Postcard pack and booklet on Feeling and Keeping Safe	Price £2.50	<i>A postcard pack of art work done by primary aged children around Feeling and Keeping Safe also includes children's poems</i>
Helping Hands for Children	3	<i>An excellent resource pack produced by the Northern Ireland Women's Aid Federation with 8 sessions going through the Protective Behaviours process with notes for facilitators and exercises/lesson plans</i>
The Huge Bag of Worries	14 copies	<i>A smaller version of the large Huge Bag of Worries book, produced by Children First</i>
Children's Colour changer	Price 50 p each	
VIDEO – Home Safe (+Manual)	4	<i>Useful video produced by the Suzy Lamlugh trust to help Primary aged children who walk home from school alone. Incorporates Protective Behaviours ideas</i>
CD – Sing yourself Safe	Price £25.00	<i>A collection of 14 songs incorporating Protective Behaviours ideas</i>
PB's for Primary Key stage 1	1	<i>An older curriculum resource for introducing PB ideas to primary aged children</i>

RESOURCES FOR YOUNG PEOPLE		
Protective Behaviours through Drama	3	<i>A useful resource with a number of drama based exercises for introducing Protective Behaviours ideas and strategies</i>
Keep Safe (curriculum guide)	1	<i>The predecessor to 'Feeling Safe and Standing Strong': A curriculum guide with useful exercises for introducing Protective Behaviours to adolescents</i>
Boys Talk	Ref 1	<i>A training programme with session plans for boys on managing violence and aggression</i>
Junior Boys and Relationships Programme	1	<i>A resource based on the Boys and Relationships upper primary resource for younger boys</i>
Safe and Sound Video and Booklet	1	<i>A resource produced from a series of group work with young women about safe relationships and safe sex</i>
Boys and Relationships Upper Primary, Junior Secondary	2	<i>An 8 session programme looking at raising awareness of the limitations and negative effects of gender stereotyping, developing self-esteem and looking at conflict resolution skills</i>
Bursting the Bubble Resource Pack for group work with young women	3	<i>A resource produced by a Health Promotion project for group work with young women. The pack builds on themes from a report 'Teenage Mothers' Experiences of Domestic Violence: Identifying good practice for support workers' produced by Women's Health Matters</i>
Protective Behaviours For Young People Trying to work it out	1	<i>A booklet of 6 group work session plans and resources for introducing Protective Behaviours ideas to young people</i>
Secrets and Feelings	2	<i>A short booklet in cartoon/magazine style for young people</i>
Safe Generations	1	<i>A resource produced in Australia for working with aboriginal young people, particularly around issues of sexual abuse</i>
Feeling Safe and Standing Strong Curriculum guide	11	<i>The Protective Behaviours curriculum guide for secondary aged young people. Includes lesson plans and activities</i>
Well safe booklet and video a work experience course for young people on managing aggression	1	<i>A video and accompanying booklet for working with young people undertaking work placements to ensure that they keep themselves safe</i>
Video: Developing Safer Independence Video and booklet	1	<i>A video resource for</i>
RESOURCES FOR PEOPLE WITH SPECIAL NEEDS		
Living Safely For People with Special Needs	3	<i>An activity resource developed for working with adults with mild learning difficulties. The pack contains a number of very useful exercises and resources which would be adaptable for working with young people or parents</i>

